

IMPORTANT INFORMATION about your first CHEM 101 LAB SESSION

WHERE: lab room FR306

WHEN: see here →

**Spring
2026**

section	date and start-time of first lab		
101 L1	Monday	Jan 12	2:30 pm
101 L2	Monday	Jan 12	4:30 pm
101 L3	Tuesday	Jan 13	1:00 pm
101 L4	Tuesday	Jan 13	3:00 pm
101 L5	section closed		
101 L6	section closed		

Please arrive on time. Attendance is mandatory. If you miss the first lab, then you are not permitted to continue with the laboratory portion of the course.

PURCHASE at the BOOKSTORE:

bring all items to the first lab session

Laboratory
Manual
for
**CHEMISTRY
101**

Fundamentals of Chemistry
24th Edition



24th edition
purple-coloured

Student
Laboratory Guide
for
first year
CHEMISTRY

CHEM 101, 110, 111 & 154

8th Edition

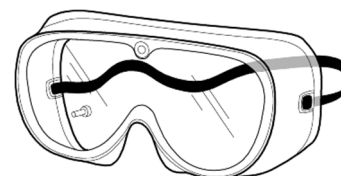


8th edition
pale-yellow-coloured



safety glasses

or....



safety goggles *

**All students need their own copy of the latest edition of the Lab Manual.
Please do not try and share the manual with another student.**

**All students must have eye-protection, including those who wear
prescription glasses. More information is given on the next page.**



FIRST LAB SESSION – EXP #1



Approximately 3 hours of advance preparation is required before you come!

Read pages 1-21 of the Chem 101 Lab Manual and watch the videos mentioned on pages 7. A lot is required. Please come fully prepared to the lab. Along with readings and videos to watch online, there are also forms to fill out.

EYE-PROTECTION

All students must have eye-protection, including those who already wear prescription glasses.

The online video titled "Safety in the Chemistry Laboratory" (see p 7 of the lab manual) discusses this topic, starting at the 6 minute 50 second mark, and shows examples of various styles of safety glasses and what you should purchase at the bookstore.

Choose carefully as safety glasses or goggles cannot be returned to the bookstore if already removed from the packaging.

Safety Glasses: These are meant for anyone not wearing contact lenses.

The bookstore sells three types of glasses, as noted on the label at the end of each box.

- the code "**OTG**" means "over the glasses" and should be used by students wearing their regular prescription glasses underneath.
- the code "**LNP**" means "low nose profile" and is recommended for petite students.
- a box with no code, other than, for example "Astrospec 3000" is the "regular" style recommended for all remaining students that don't fit in the first two categories.

Safety Goggles: Only students who wear contact lenses in the lab should purchase safety goggles from the bookstore. These wrap fully around your face but fog up rapidly, becoming difficult to see through. For this reason, **contact-lens wearers should instead wear their prescription glasses in the lab** and purchase "OTG" safety glasses instead.

LAB COATS: are not required for Chem 101 but are available at the bookstore

LAB SCHEDULE: will be handed out at the first lab session, also available online

www.capuchem.ca/labs/labs-101.html

Questions? Please visit the chem lab office in room FR308A. You will have to ring the door-bell in the hallway outside of lab room FR306 to be able to reach the lab office.